# OPERATION: MILITARY FAMILIES

Successful Solutions Professional Development LLC

# WWW.MYECECLASS-SOCIAL.COM/MILITARY-FAMILIES

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# **ECE Virtual Classroom**

**Online Courses for Early Childhood Educators** 



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# **Operation: Military Families**

# 2 clocks hour early childhood education

# **Course Description**

Military families are growing and in a society that puts high demands on families and military members there are increasing stressors. Children from military families come with unique worldviews and needs in the child care and classroom setting. This topic aims to inform directors and administrators of the unique needs of military families and how to support them. Included are videos, peer discussion boards, analytical opportunities and more.

Washington STARS credit: Family and Community Partnerships (2 hours)
CDA Content Area: Building Productive Relationships with Families (2 hours)

# **CDA Settings**

- Infant/Toddler
- Preschool
- Family Child Care (Mixed-Age)

# **Learning Outcomes**

- ✓ Analyze a hypothetical scenario in identifying a military family
- ✓ Explain how to support military families and children
- ✓ Describe how a current program or community supports military families
- ✓ State how to enhance an early childhood program to better support military families
- ✓ Identify stressors that military families experience
- ✓ List common behavioral problems for military children

## **Course Content**

- 1. Course Agenda
  - Pre-Quiz (1/4)
- 2. Military Families as Part of the Community
- 3. The Military Family
- 4. Types of Military
- 5. Identifying Military Families
- 6. Getting to Know Military Families (2/4)
- 7. Military Family Challenges
- 8. Military Children and Stress
- 9. I Serve Too
- 10. Supporting Military Families
- 11. Ways to Support Military Families



- 12. Discussion: Supporting Military Families (3/4)
- 13. Early Childhood Education
- 14. End of Course Quiz (4/4)
- 15. Course Evaluation Form

#### **Sources**

- 2014 Demographics PROFILE OF THE MILITARY COMMUNITY by the Office of the Deputy
   Assistant Secretary of Defense (Military Community and Family Policy), Retrieved from
   http://download.militaryonesource.mil/12038/MOS/Reports/2014-Demographics-Report.pdf
- Child Care and Other Support Programs by Major Latosha Floyd (U.S. Army) and Deborah A. Phillips, Retrieved from http://futureofchildren.org/publications/docs/Chapter%204.pdf
- Honoring our Babies and Toddlers: Supporting young children affected by a military parent's deployment, injury, or death by ZERO TO THREE, Retrieved from http://www.nctsn.org/sites/default/files/assets/pdfs/hbt-2.pdf
- What Child Care Providers Need to Understand about Stress in Military Children by eXtension.org, Retrieved from http://articles.extension.org/pages/64820/what-child-careproviders-need-to-understand-about-stress-in-military-children

# **Glossary of Terms**

# **Active Duty**

This is the military member that is perhaps most widely considered. This is the daily career military member who may be seen dropping their children off at child care in uniform on their way to the Army or Navy base nearest to your community.

# Cyclical

Pertaining to, or characteristic of, a cycle; occurring periodically.

# **Deployment**

This is sometimes a cyclical occurrence where a family member is sent to a war zone as part of their duty. It can sometimes occur with little warning making it more traumatic.

# **DOD Civilian**

The Department of Defense (DOD) employs hundreds of thousands of people worldwide to support military forces and their needs. These employees are not active duty military and do not always experience the same stressors of military though they travel and often work long hours to support military efforts.



# **Individual Ready Reserve**

These are soldiers who have separated from the military on good terms but are obligated to return to service for a period of time if the government sees fit. These members do not report for duty.

#### **National Guard**

These are citizen soldiers who serve their duty time mostly on weekends and during annual training exercises. The National Guard is also a state military force that responds to natural and political disasters. In addition to this they support international combat campaigns through deployments.

#### **Reserves**

Reservists are similar to the National Guard; however, they are not a state military force. These are reserve forces that remain ready to supplement the active duty forces in the time of need. They also serve their duty time on weekends and during annual training and are often deployed overseas.

# **Retired Military**

These are military members who have retired from military service after many years. They are often still very connected to the military in various ways.

# **Optional Resources for Further Study**

- Military and Veteran Families by the National Child Traumatic Stress Network, https://www.nctsn.org/what-is-child-trauma/populations-at-risk/military-and-veteran-families
- Sesame Street for Military Families, https://sesamestreetformilitaryfamilies.org/
- Carepackages to Deployed Troops, <a href="https://www.123playandlearn.com/post-office/carepackages-to-deployed-troops">https://www.123playandlearn.com/post-office/carepackages-to-deployed-troops</a>
- "Hug" Valentine Card, https://www.123playandlearn.com/valentines-day-cards/hug-valentine-card

#### **Course Author**

A special thank you to Aurora Tollestrup BS Ed. for developing the curriculum for this course.



# **ECE Virtual Classroom Academic Coach**

The Virtual Classroom Academic Coach's role is to support the ECE students through the training process. The Virtual Classroom Academic Coach reviews assignment per directions, monitors discussion threads, answers inquiries/emails, monitors student engagement, provides online student support, and regularly collaborates with team members on development. The Virtual Classroom Academic Coach serves as the facilitator and grader, while the Online Educators are the official state approved trainers.

# **Student Support**

The best way to reach us is through live student support chat. Look for the Chat with Us bubble on the bottom left corner of the website.

Website: www.myececlass-social.com

E-mail: <u>info@myececlass.com</u>

Phone: (360) 602-0960

# Student Support Hours Chat & Email Support

Monday - Friday 7 am - 6 pm Saturday & Sunday 9 am - 6 pm Holidays (Email Only) 10 am - 4 pm

**Phone Support** 

Monday - Friday 7 am – 6 pm

# **Required Assignments**

# Reading

The text on each page should be read. When you submit the worksheets, discussion boards, and click on the NEXT PAGE button, it will create a record of your progress moving through each page.

#### **Videos**

Watch the videos as you encounter them. If you have trouble with the videos playing, this may require that you update flash player on your computer. Optionally, some students find that if they are having difficulties playing the videos on their computer, they can view them on their phone.



There is a link above the videos to view them on YouTube directly. You may wish to save the Youtube link for the video to refer to in the future, or in order to use another device for viewing.

#### Discussion

The discussion questions are a required part of the course. You may either post on the discussion board where you are contributing to the thread with other students. Alternately, you have the option of clicking on the link above the discussion board and submitting your response on a worksheet form. The ECE Virtual Classroom Coach will be tracking your submission of the discussion board assignments as part of meeting the learning outcomes for the course.

#### Worksheets

Check for Understanding worksheets are provided throughout each course. The worksheets allow opportunities to reflect on the course materials as you are progressing through the training. Watch your email in-box for trainer feedback. You may not receive feedback for every single assignment, depending on how quickly you are moving through the course. Instead, you may receive an email letting you know that your work was done well, with a certificate attached. If you need guidance, the trainer or the academic coach will be sending you emails with feedback with instructions for resubmission. Certificates will not be issued if worksheets are skipped, incomplete, or filled in with inappropriate responses. If you need assistance, we have student support available via Live Student Support Chat 7 days a week (Mon.-Fri. 7 am-8 pm and Sat.-Sun. 9am-6pm PST).

## Quizzes

The end of course quizzes are primarily multiple choice and true or false questions, with occasional open-ended questions. 70% or better is required to pass the quiz. You can review the course materials and retake the quiz as many times as needed to pass. Automated emails are sent to you confirming that you have submitted the worksheets and quizzes and provide you with a link to resume at the next page.

# **Optional Course Items**

The items below are offered in each course as options. Optional means that you have the choice to utilize them, or not.

# **Optional Resources for Further Study**

We have included a wealth of resource links for you to explore and further your knowledge about each topic.



The resource links provided in our website are provided solely for your convenience and may assist you in locating other useful information on the Internet. When you click on these links you will leave our website and will be redirected to another website. These websites are not under the control of Successful Solutions Training in Child Development. Successful Solutions Training in Child Development is not responsible for the content of linked third party websites. We are not affiliated with these third parties nor do we endorse or guarantee their products, services, website content, etc. We make no representation or warranty regarding the accuracy of the information contained in the linked websites. We suggest that you always verify the information obtained from linked websites before acting upon this information.

# **Parking Lot**

The Parking Lot is offered as an optional opportunity to interact with the trainer about a question that you may have about the course topic. If you do not have a question, it is not necessary to fill out this form, it is not required. If you choose to submit a question to the trainer, she will respond to you by email. Be sure to watch your email in-box.

You can always leave a message for student support on our Live Chat on the bottom left corner of the website, any time of day or night. If we are not available, we will respond by email as soon as possible.

# **Certificates**

When you submit the evaluation form, that prompts the academic coach to review all of your work. We will evaluate your work to assure that you have met the learning outcomes. Once that assessment is complete, you will receive your certificate by email. Click Here for a sample certificate. (This certificate is an example. The student certificate may vary slightly). Certificates are prepared 7 days a week between 7 am and 7 pm PST. In most cases, you should receive your certificate by email within a few hours after you submit the evaluation form, or first thing the next morning.

# **State Training Approval**

This training may, or may not, meet annual training requirements in your state. Please provide us with your state, and any State registry ID number on the evaluation form, and if we are able to record your completed training with your state, we will. In some cases, for annual state credit, you will need to submit the certificate to the appropriate registry and they may or may not award annual credit. Providing a State Registry number to us does not guarantee that your state will approve the training for annual continuing education credit.



#### The following states have *pre-approved* our courses:

- Washington State DEL MERIT Trainers:
  - 1. Kimberlee Turner, MS Ed #4062747253
  - 2. Brittney Andrade, BS ECE #4029466074
- Ohio Approved Trainers:
  - 1. Successful Solutions Professional Dev. Entity OIN # 21084413
  - 2. Kimberlee Turner, MS Ed OPIN #1123-5033
  - 3. Brittney Andrade, BS ECE OPIN #1123-5512
- 1. Texas Approved Master Trainer: Kimberlee Turner, MS Ed #34928
- 2. Illinois Organization Approval Number B102312
- 3. North Carolina Organization Approval
- 4. Utah Organization Approval for Online Career Ladder Courses
- 5. Vermont Organization Approval

Our courses may be accepted many states that do not require pre-approval.

# **Technical Requirements**

- Laptop or PC
- Most students are able to use mobile devices such as tablets to complete courses.
   However, each device is different, and an individual's skill level with the device may determine their success with using a mobile device.
- Recommended web browser: Google Chrome
  - Microsoft Edge, Safari and Firefox are other acceptable browsers.
  - o Internet Explorer is no longer supported by Microsoft, and you may have issues if you use it to take training.
- Operating System
  - Make sure you're using a current operating system (for example, Windows 10).
  - Outdated operating systems may cause technical difficulties.
- Internet Speed
  - Slow internet speed may impact loading time.
- Videos may require Adobe Flash Player.

Adobe Reader is required to open PDF files. Download Adobe Reader can be downloaded free https://acrobat.adobe.com/us/en/acrobat/pdf-reader.html

